

Your partner, your relations :

HEALTHY RELATIONSHIP

- Agrees to the idea of having a baby
- Is happy with the pregnancy's announcement
- Enjoys attending the appointment
- Helps you in the daily life
- Doesn't blame you
- Takes care of the children if needed
- No remarks about your weight gain or your tiredness

WARNING

- Makes comments about your weight gain, your tiredness
- Belittles your opinions and projects
- Isolates you from your family and friends
- Makes remarks on the housekeeping
- Makes fun of you in public
- Doesn't help you in the daily life
- Doesn't invest himself in the pregnancy
- Deprives you of financial freedom

GET HELP

- Threatens you or the future baby
- Threatens to harm or take away your children
- Changes his behaviour following an addiction
- Insults, demeans, or shames you with put-downs
- Pushes, pulls, slaps, shakes or hits you
- Forces you to have sex
- Threatens suicide because of you



We're here to listen to you

